



## Good news from Ireland



Ireland's economical "miracle" has fascinated the entire European Union these last months.

The Celtic economy is growing by 7.8 per cent with almost non-existent inflation.

Moreover, its unemployment rates have been decreasing noticeably during the last 4 years: from 14% in 2012, to [8.8 per cent in 2016](#).

There's even more: within the last 3 years Ireland has reduced its external debt by almost a 25 per cent of its GDP.

And, with a minimum wage of 1.546 EUR per month and an income per capita of 42.000 EUR per year, living on that island seems to be a good choice.

No wonder why [thousands of Catalans](#) have chosen to make their life in Ireland.

Sources: [directivosplus.com](#) & [Catalans Al Món](#)

## How to become more confident?

*It's not a matter of why, but a matter of how.  
Good news is that it is possible for every one.*

One of the most common problems that professionals experience in their daily life is lack of confidence.

Indeed, you may have already heard of this fear many managers are victims of: being discovered as incompetents for their position, the so called [neurotic imposture](#).



In the video above, [Richard Bandler](#), one of the fathers of Neuro-linguistic Programming, gives some advice on how to building self-confidence, which will help overcome that fear.

Bandler underlines two main points to build your confidence:

- **Becoming more confident by increasing what you are doing well.**
- **Doing the right thing for the right reason.**

Watch the [3-minute video](#) and learn more about it. It's worth it.

## The English Language Corner

*Spanish – English Dictionary  
Some useful economical expressions*

1. **PIB - Producto Interior Bruto** > GDP – Gross Domestic Product
2. **Salario mínimo** > Minimum wage
3. **Crecimiento económico** > Economic growth
4. **Objetivos del Gobierno** > Government targets
5. **IVA – Impuesto sobre el Valor Añadido** > VAT – Value Added Tax
6. **Sujeto a impuesto** > Subject to tax
7. **Renta per cápita** > Income per capita / Income per person

Source: [word reference](#)

## Denver - the guilty dog

*The emotion of guilt is more common than we think. Don't let your team experience it.*

