

Welcome to our new home!

We are very delighted to share with you that we have **moved to a new location** in Barcelona.

Starting this year you can find us in this address (**close to Sagrada Família**):

**Carrer Mallorca
núm. 332, Local 1,
08037 Barcelona**

Moreover, now we have more **classrooms at your disposal** for any of our courses you may be interested in. [Check them out!](#)



Why do you have to observe Majorca from Catalonia?



NLP Coaches know that images create feelings.

Nature views are usually linked to emotions such as **peace of mind, tranquility, warmth, self-esteem...**

Great news is **that emotions can be recreated** with the help of **anchors**. This means that **you can have on demand** the feeling of, let's say, **confidence**. And this can be useful in professional situations such as **a meeting or a presentation**.

This February we have had a **very uncommon view**: **Majorca was observable from the Iberian Peninsula**.

This is a list of places in Catalonia **where you can anchor the emotions** you wish with the help of this sea view.

[Els Ports Massif](#); [La serra del Montsià](#); [Garraf Massif](#); [Montjuïc](#); [serra de Collserola](#); [Montserrat](#); and [El Montseny](#).

[Picture source](#)

Take a “chill pill” or watch this funny video



[take a chill pill](#)

tv. to calm down; to relax. (see also [chill \(out\)](#).) The police officer told Jim to take a chill pill and answer the questions.

The English Language Corner

In many languages **negation is expressed by two negative words** (in **bold** below) in the same clause:

- We **didn't** drink **nothing**. [= We drank nothing.]
- He **never** spoke with **nobody**. [= He didn't speak with anybody.]

In English you should generally avoid that. Just **use a single negative instead**:

- We **didn't** see anything.
- She **never** danced with anyone.

